

# Sabbath Rest

## The Starfish Story

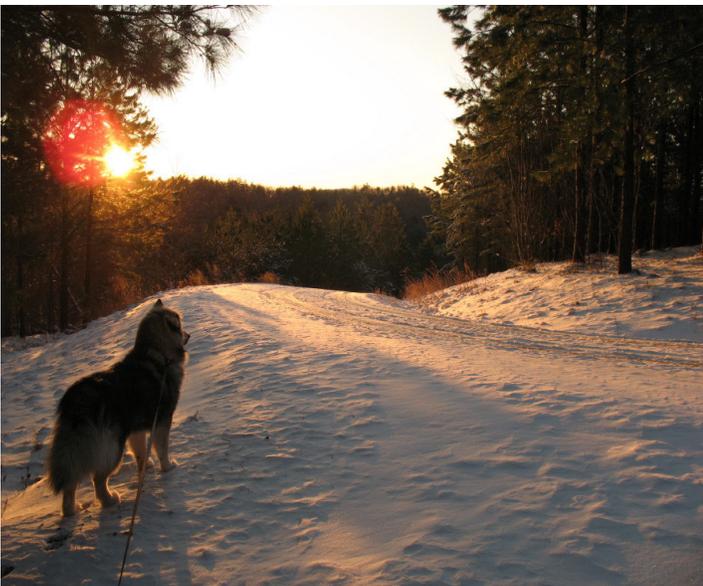
"But, young man, do you not realize that there are miles and miles of beach and there are starfish all along every mile? **You can't possibly make a difference!**" Most of us have read one version or another of this story. The young man, facing a seemingly impossible task of returning an innumerable amount of starfish back into the safety of the ocean. Most of us have also faced similar situations in our own lives! Every time we have the opportunity to choose. Are we going to ignore it or make a difference?

The church of one of the pastors we know has been facing a rapidly depleting benevolent fund. They are not the only ones! Their approach is very New Testament like: Each home is looking for some valuable item that is then donated and auctioned off and the proceeds go into the fund for needy families! Every item makes a difference in someone else's life!

Shepherd's Refuge has been the recipient of smaller and larger donations. Like the widow with the mite, the Lord sees the heart of the giver, and so there are blessings poured out that do not depend on the amount. Every bit makes a difference in a pastor's life!

The Atlanta area has thousands of churches. This ministry is not only available to them, but to those across the country, and even overseas. But, we can only serve one pastor or couple at a time. As we do this, we can make a difference, small compared to the need, but big in each pastor's life.

Talking about pastors. H.B. London Jr. in his book "Pause, Recharge, Refresh" reminds pastors why they are needed:



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### Headlines

*For those hit  
heaviest by the  
snow:*

*Winter is almost  
over!*

- ◇ Bring stability in a nation that is spinning out of control. "We need you to point us to God."
- ◇ There are so many questions. Why killing the innocent? Why so much corruption? Why is the church not getting more involved? "We need to know what you think."
- ◇ Christianity is under attack. "We need you to encourage us, to guide us."
- ◇ We see truth undermined at every turn. "We need you to tell us, 'Thus says the Lord'."
- ◇ We need consistency. "We need to be able to look at you and know that you practice what you preach. We need to see a renewal of faith in you and what you represent. We need to be able to trust your morals, your commitment, and your determination. We want to do that with confidence. We need you now more than ever...at your best!"

And, to top it off we find in Hebrews 13:17 a little quoted scripture: "Obey your leaders and submit to their authority. They keep watch over you as men who must give an account. Obey them so that their work will be a joy, not a burden, for that would be of no advantage to you."

Is that a tall order or what? Remember the starfish story. As these pastors serve their congregation they make a difference, one at a time. As we serve these pastors, we can make a difference, one at a time.

As you pray for this ministry, or support it financially, you can make a difference, one at a time.

Mat 9:37 - 38 Then He said to His disciples, The harvest truly is plenteous, but the laborers are few. Therefore pray to the Lord of the harvest that He will send out laborers into His harvest.



The purpose of Shepherd's Refuge is:  
To strengthen His church in fulfilling its Great Commission  
by caring for its leadership!

**SHEPHERD'S REFUGE - SELAH  
MINISTRIES**

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A non-profit ministry  
recognized as a 501 (c) 3  
organization.

*Caring for those who care.*

**Words of Wis-  
dom**

When God  
measures a per-  
son, He puts a  
tape around the  
heart instead of  
the head.

(author un-  
known)

**Progress Report**

- ◇ Check out our new web site, still found at the "old" address: www.shepherdsrefuge.org , now also showing a calendar of available dates to choose from.
- ◇ Sandy has been making quite some recovery progress, walking and working without crutches! Praise the Lord!
- ◇ Next to the reward check from Good-Search.com/GoodShop.com, Shepherd's Refuge was blessed with some major year-end donations. THANK YOU LORD!
- ◇ Reports from pastors indicate an ever increasing workload of job and financial counseling issues. For too long believers had been mislead into believing that as Christians we would/should not have to face hardships...! But with God...
- ◇ The winter months have provided ideal conditions for vista pruning and trail blazing.
- ◇ The team working on moving forward with the Selah cabin is reporting progress!
- ◇ Reservations have already been made for 2011.
- ◇ Barkhoo has been entertaining our guests with his antics, and is seen in the picture on the other side enjoying a winter morning sun rise.

Psalms 113:3

From the rising of the sun to its going down, Jehovah's name is to be praised.

**We are on the Web:**  
[www.shepherdsrefuge.org](http://www.shepherdsrefuge.org)



**Get Real**

The system of this world  
has its' ways we know  
They claim to have the answers  
in a "get real" way to go.

The lure so very strong  
we compromise the way  
listening to the false  
and heeding what they say.

We believe we are believers  
even though we keep "our" will  
yet the training of the world  
leaves a deeper hole to fill.

Body, soul & spirit  
let Him be your all  
Get real with Jesus now  
accept His Kingdom call.

3-22-2009 B. Knorr