

# Sabbath Rest

## Making a Difference

Many of you have been involved with Shepherd's Refuge in different ways, supporting its mission in prayer, with financial donations and physical labor. We thought it would be appropriate to share some of the guests' comments with you. This is in no way to be considered as tooting our own horn, but rather as a **BIG THANK YOU** to the Lord, and to all that make a difference in the life of pastors and missionaries.

**"You have been a special blessing to us, and have provided a place to refresh our souls. Thank you for your generosity and Christian love."**

**"Thank you for the quiet place, for the beauty of God's nature, for hospitality, for food, for gracious hosting, for letting my wonderful, hard-working husband have a time and place to "un-be" all that he is. Thank you for being God's instruments of peace and calm."**

**"We were so blessed to receive all the Lord had for us here in this lovely, peaceful dwelling. We were made to feel like family. It was so easy to fit right in. God promises in Matt. 6:33 that if we seek Him first, and His righteousness, our desires of the heart will be met. Thank you Jesus!"**

**"We so appreciate your willingness to welcome us in for shelter and rest. It was fun to sit at the breakfast table and chat till almost noon, to sit on the deck to study God's Word and to have long talks as we drove through the beautiful mountains. Sometimes we would just stop, look at God's creation and say "Lord, you are blessing us"."**

**"We were able to rest, connect as a couple, and regain spiritual perspective. We wish we had planned to spend more time!"**

**"We appreciated the freedom to come and go as we pleased as well as your intentional effort to reach out to us."**

**"With a very busy time ahead of us we are so thankful for this rest. And as Ruedi has prayed 'Lord, guard this rest' - we will go from here, knowing that He will answer this prayer. We will cling to this promise, because that is where the enemy often tries to attack us - by running and doing and being "busy" - apart from Him. We know, that we are not alone in this struggle."**

## Inside this issue:

- ◆ Making a Difference.
- ◆ Smoke Rise
- ◆ Mickelson Family

## Headlines

*Check out our web-site and our Face Book for the latest news and updates.*

*Progress reports are available online, or by sending us an email, or even better, by giving us a call!*

"Anxiety does not empty tomorrow of its sorrows, but only empties today of its strength."  
(Charles H. Spurgeon)

"Character cannot be developed in ease and quiet. Only through experiences of trial and suffering can the soul be strengthened, vision cleared, ambition inspired, and success achieved."  
(Helen Keller)

"The way to see by faith is to shut the eye of reason."  
(Benjamin Franklin)







**SHEPHERD'S REFUGE -  
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A non-profit ministry  
recognized as a 501 (c) 3  
organization.

*Caring for those who  
care.*

You can track the progress of **GoodSearch** and **Good-Shop** numbers for Shepherd's Refuge on their web site! Look at July's, and you see we are headed in the right direction, once again.  
Thank you, to all who are participating!

**Words of  
Wisdom**

"A pessimist  
sees the  
difficulty in every  
opportunity;  
an optimist sees  
the opportunity  
in every  
difficulty"

Winston  
Churchill

The purpose of Shepherd's Refuge is:  
To strengthen His church in fulfilling its Great Commission  
by caring for its leadership!

Let us not love with words or tongue but with actions and in truth.  
1 John 3:18

**We are on the Web:**  
[www.shepherdsrefuge.org](http://www.shepherdsrefuge.org)



**Smoke Rise Missions Team**

Let us not love with words or tongue but with actions and in truth.  
1 John 3:18 (Applied!)

Once again, in September, the Team has blessed us with a work day that even exceeded the last one! Three chain saws, one BIG chipper and a lot of man power have made a huge difference in how our guests can enjoy God's creation. The day after the team left we already had a pastor and his wife sitting on the deck, enjoying the view while eating their breakfast! Even from the Upper Room, the vista has again been improved, overlooking the adjacent mountains. Two more benches were installed on the trails, which required 80 pound bags of concrete, tools and of course the benches to be hauled into the forest! The new places of rest during hikes have already been tested, and found much approval! The pictures above don't do it all justice, especially since some of the team members were not around when they were taken.

A **BIG THANK YOU** goes out to all of you!

We are looking forward to your next visit in November!

A **BIG THANK YOU** also goes out to the Mickelson Family (see our Fall 2009 Newsletter) for once again spending a full day with us, planting roses and pansies, as well as removing and cutting up trees!