

# Sabbath Rest

## **A brief note from the hosts! (On our 10th anniversary!)**

Many of you have recently joined our newsletter group, and we would be amiss not to offer you a quick history, and get you up to speed what Shepherd's Refuge is all about.

Ever since we had spare bedrooms, they were put to good use accommodating those who needed a temporary roof over their heads. That started in 1978 when we bought our first home. Over the years this turned into a safe haven for pastors, ministry leaders and missionaries, and especially their spouses, too. Our concern for their marriages grew as we were observing the stress that their calling brought into the homes.

In 1996 the Lord laid it on our hearts to serve Him full time by establishing a place of refuge with several cabins.

End of 2001 the first steps were taken when Ruedi declined an offer to continue serving in the airline industry back in our home country of Switzerland, but rather stepping away from the corporate world and forming a non-profit organization called Shepherd's Refuge - Selah Ministries.

The Internal Revenue Service granted the 501(c) 3 status in October of 2003. When 80 acres of land became available in 2004, that fit the exact need for the ministry, we secured the land, built the Lodge, and welcomed the first guests in fall of 2005.

From the very beginning the Lord had made it clear that guests should not be charged for meals and accommodation, but rather through sponsorships offer them a place for rest and restoration. That holds true to this day, and, as stipulated in our by-laws, the first of 5 cabins has been built without incurring any debt, except for indebtedness to those who financially support this ministry, and to the many volunteers that sacrifice their free time. Cont. ...



### **Inside this issue:**

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- ◆ Take Action
- ◆ Dear Anonymous
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- ◆ Don't be left out



- ⇒ Encourage and support your pastor to decide to take time off.
- ⇒ Help him/her remove the feeling of guilt when they do decide to get away.
- ⇒ Think about the health of their own family relationship.
- ⇒ Consider the benefits to the congregation from a well rested pastor.
- ⇒ Understand the consequences of a burnt-out pastor!
- ⇒ [You can decide to make a difference. become a Ministry Partner](#)

### **Keep this in mind:**

Check out our [web-site](#) and our [Face Book page](#) for the latest news and updates. Progress reports are available online, or by sending us an email, or even better, by giving us a call!



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A non-profit ministry  
recognized as a 501 (c) 3  
organization.

The Selah Cabin  
([See pictures on  
our website](#))



**Saturday  
September 28  
2pm—6pm**

**Open House  
10th Anniversary  
Fund Raising  
Challenge**  
(Tours, Hikes, Fellowship,  
and Vision Casting)

**At Shepherd's  
Refuge**

**RSVP**

**by**

**September 25!**  
(Light finger food +  
also for directions)

The purpose of Shepherd's Refuge is:  
To strengthen His church in fulfilling its Great Commission  
by caring for its leadership!

Mat 11:28 Come to Me all *you* who labor and are heavy laden,  
and I will give you rest.

### **A brief note from the hosts! Continued...**

The Selah Cabin has been a welcomed addition in March 2013, helping us to meet the ever increasing demand for our services. No advertising needs to be done, we built it and they keep coming. Guests representing a variety of denominations from across the nation, as well as from overseas, find rest and restoration at Shepherd's Refuge.

Together with others, we volunteer our time and service, and only consider hiring staff once finances allow it, which could not be soon enough because the work load continues to increase. But we are continually amazed and grateful to see the Lord's Hand and His Faithfulness on this ministry.

You can encourage pastors and missionaries as you meet and interact with them. You can also point them in the right direction to get refreshed and strengthened by showing them what Shepherd's Refuge has been doing, and how they can benefit, too.

Let us know how we can be of service to you and your friends.

*Ruedi and Sandy*

### **Dear Anonymous**

Thank you for your financial support! We would love to express our gratitude in person, however understand your wish to stay in the background. Know that your sacrificial gifts are much appreciated and put to good use, providing a place of rest for exhausted pastors and missionaries!

### **Don't be left out!**

This newsletter is sent out quarterly. Our financial and prayer partners receive a monthly update with the latest news and what is happening at Shepherd's Refuge.

### ***Become an Encourager!***

***As a monthly donor you partner with us as together we serve those tired and weary pastors and missionaries the Lord sends our way!***

***Consider using the [Razoo](#) or [PayPal](#) button on our website:***

***[www.shepherdsrefuge.org](http://www.shepherdsrefuge.org)***

***or***

***Use your bank's automatic online bill payment system***

***or***

***Send your checks to:***

***Shepherd's Refuge—Selah Ministries  
P.O. Box 1221, Dahlonega, GA 30533***